

NAT.

Natural skin & body essentials



A photograph of a stream flowing through a dense forest. The water is clear and white as it cascades over large, smooth rocks covered in vibrant green moss. The surrounding foliage is thick and green, creating a sense of a healthy, natural environment.

**REVITALISE WITH THE
BEST FROM NATURE
AND SCIENCE**

WE HAVE CAPTURED
NATURE'S LIFE FORCE
IN OUR PRODUCTS

The Natalie Group is one of Australia's leading manufacturers of natural skin and body care, home fragrance, spa and well being products, aromatherapy and essential oils. Founded in 1987 the development and evolution of all Natalie Group products are influenced by the belief that plants, specifically plant essences have natural therapeutic, restorative and regenerative properties.

The NAT. natural skin & body essentials is the latest product range developed by the Natalie Group.

Resulting from extensive scientific research, cutting edge technology and the selection of the best natural ingredients, all NAT. products are derived from pure plant essences that carry with them the incredible powers that only nature can provide. The range

has been specifically designed to restore balance, beauty, health and wellness.

The guarantee of our product performance comes with the knowledge that our stringent manufacturing process at the Natalie Group is second to none. Our team of dedicated scientific researchers, and quality controllers, ensure the integrity, consistency

and unbeatable quality of our products.

NAT. products are not tested on animals and our formulas are inspired by centuries-old traditions. Researched from scriptures, these recipes have been the powerful 'beauty secrets' of the most beautiful women throughout history.

www.natskinbody.com



We have captured nature's life force in our products ... Aromatherapy is at the heart of NAT. product development.

Nature provides us with potent properties from flowers, herbs and plants that heal and nurture, so we have taken the goodness from these active botanical essences and fused it with advanced technology to produce natural products that work effectively within the skin and body.

The NAT. range use only pure plant essences that work in harmony with the body for cell support, skin re-generation, wrinkle defence and boost nourishment to the skin.

Formulated and made in Australia where the air is clean, the water pristine and the sky blue, NAT. products are drawn from pure botanicals and

are free from harmful chemicals. Our GMP (good manufacturing practice) compliant and TGA licensed facilities safeguard rigorous quality control measures, ensuring the highest standards. The TGA or Therapeutic Goods Administration is the governing body of all therapeutic products in Australia.

For over 20 years, Australian beauty therapists have used and endorsed our products. Together, we continue our research to seek better ways to deliver the best from nature and science.

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NAT.FACE



NAT.BODY



NAT.AROMA

NAT.FACE

Where nature meets science, we have tapped into the heart of plants, drawing only the best essences from botanicals that nurture and heal. Combining these with scientific research and cutting edge technology, our formulas are proven to improve skin tone, texture and elasticity. If naturally healthy, radiant and glowing skin is of prime importance to you, then, the **NAT.FACE** skincare regime provides the natural solution and the promise of great skin.

SKIN CARE REGIME

NAT.FACE

To find the **NAT.FACE** range best suited for you, select your skin care range based on the guide below.

replenish

Normal to dry

Skin like nature and the seasons go through cycles. Stress, pollution, exposure to the sun and natural elements are also a few factors that influence the condition of normal skin. Normal skin needs balance and maintenance to slow down the natural ageing process.

rebalance

Combination oily

Skin that behaves as if it has different zones; one that is excessively oily, the T-zone (forehead, nose and chin), prone to blemishes, acne and unwanted shine and the rest of the skin is somewhat oily to normal.

rejuvenate

Dehydrated skin to very dry skin

When skin is very dry, there is a feeling of tightness and sometimes the tendency to flake. Superficial lines may be visible and prone to the premature signs of ageing.

restore

Sensitive and fragile skin

Skin that is fragile and prone to redness, re-active to heat and cold and harsh environmental elements.

replenish NORMAL TO DRY

For skin maintenance. Formulated with the right blend of natural plant extracts like calendula, sweet almond oil, and vitamins E and B5, the **NAT.FACE** replenish skin care range is the perfect solution for maintaining the skin's natural condition.

At a time when we are exposed to the many external factors that cause havoc to the skin including pollution, stress and even hormonal changes, **NAT.FACE** replenish is versatile and is the suitable solution for most skin types. When used daily, your skin will feel soft, radiant and glowing.



replenish cleansing lotion

replenish treatment toner

replenish exfoliating treatment

replenish moisture cream

replenish serum

eye gel

1.CLEANSE

At the end of the day (mornings too if needed)

replenish cleansing lotion 100 ml for skin maintenance is formulated with natural plant extracts, vegetable oils and Vitamin B5 and is the perfect cleansing solution for normal to dry skin. NAT.replenish is versatile and when used daily your skin will feel soft and look radiant and glowing.

2.CORRECT AND BALANCE

Morning and night

replenish treatment toner 100ml for skin maintenance; contains Vitamin E which is a natural antioxidant and helps repair damaged tissue and aids in the regeneration of skin cells; conditions and prepares the skin to better absorb treatment products.

3.EXFOLIATE AND TREAT

Once or twice weekly

replenish exfoliating treatment 100g for normal to dry skin; an exfoliating treatment that contains rice bran extract to soften and smooth the skin whilst Vitamin A and pro B5 improves skin elasticity helping to diminish fine lines and wrinkles. When used regularly your skin will look radiant and feel soft and supple.

4.REPAIR AND HYDRATE

Day time cream, can be used under make-up

replenish moisture cream 50g for maintenance of normal to dry skin; a rich emollient, that helps the skin to balance the loss and absorption of moisture. Powerful ingredients improve elasticity, tone and complexion whilst repairing environmentally damage skin.

5.NIGHT TIME NOURISHMENT

Use night time before sleep

replenish serum 15ml pure botanical serum for skin maintenance of normal to dry skin. A light but potent serum made from 100% natural plant essences containing jasmine essential oil. This product encourages cell growth by boosting skin's natural production of collagen and helps repair the skin's top layer.

OPTIONAL

For fine lines and puffiness around the eye, press gently around the delicate skin

eye gel 15 ml for fine lines and puffiness around the eyes, ideal for all skin types; works effortlessly to soothe and calm puffiness and dark circles thanks to the addition of cucumber, chamomile, pansy and lime blossom extracts. Natural AHA's gently shed dead skin cells minimising the appearance of fine lines and wrinkles. Over time the delicate eye area appears brighter, more youthful and revived.

rebalance COMBINATION OILY

Combining just the right balance of plant extracts from the Australian tea tree, lavender and chamomile, these are just some botanicals that are known to treat, soothe and heal the skin.

NAT.FACE rebalance is formulated to balance the natural oil production of the skin with just the right moisture level. **NAT.FACE** rebalance is highly effective for combination oily skin types.

When used regularly, complexion will look and feel renewed and rebalanced to its natural beautiful condition.



rebalance cleansing gel

rebalance clay mask

rebalance treatment scrub

rebalance moisture gel

rebalance concentrate

eye gel

1.CLEANSE

Use morning and night

rebalance cleansing gel 100ml helps to regulate the natural oil levels of the skin whilst antibacterial properties heal, sooth and condition. This daily cleanser is ideal for combination, oily and problematic skins.

2.CORRECT AND BALANCE

Use at least once a week

rebalance clay mask 100g clay mask to deeply cleanse, purify and refine pores for combination to oily; uses natural clay to purify and refine the skin, 100% natural lemon essences works to brighten and deeply cleanse whilst Aloe Vera helps softens and sooth the skin.

3.EXFOLIATE AND TREAT

Once or twice per week

rebalance treatment scrub 100g to exfoliate and treat combination to oily skin. Contains rice bran to gently exfoliate dead skin cells revealing a brighter, more refined complexion. The addition of 100% natural tea tree essences provides antibacterial, antiviral and anti fungal properties making this scrub ideal for combination, oily and problematic skin types.

4.REPAIR AND HYDRATE

Use morning and night

rebalance moisture gel 50g hydrates and renews problem skin; ideal for combination to oily skin. Provides hydration to combination skin without weighing it down. Antibacterial properties of Tea Tree Essential Oil address problem areas while Alpha Hydroxy Acids (AHA's) gently renews the skin for a more refined, less congested complexion.

5.NIGHT TIME NOURISHMENT

Can be used as a spot treatment under rebalance moisture gel

rebalance concentrate 10ml concentrate botanical essences to heal, soothe and normalise combination to oily skin. Light but effective formula of 100% natural essences from Lavender and Tea Tree to treat skin breakouts and reduce inflammation associated with problematic skin.

OPTIONAL

For fine lines and puffiness around the eye, press gently around the delicate skin

eye gel 15 ml for fine lines and puffiness around the eyes, ideal for all skin types; works effortlessly to soothe and calm puffiness and dark circles thanks to the addition of cucumber, chamomile, pansy and lime blossom extracts. Natural AHA's gently shed dead skin cells minimising the appearance of fine lines and wrinkles. Over time the delicate eye area appears brighter, more youthful and revived.

rejuvenate DEHYDRATED SKIN TO VERY DRY SKIN

Skin that feels dry all over needs an extra boost of treatment and moisture. To avoid premature ageing, the rejuvenating formulation of NAT.FACE rejuvenate, hydrates and nourishes dry skin with natural vitamin e and a rich and innovative mixture of pure plant essences like neroli, lavender and evening primrose.

NAT.FACE rejuvenate range contains natural anti-oxidants from plant essences that boost dry skin without leaving behind any oily residue while firming and improving the elasticity and texture of skin that is ageing prematurely.



replenish cleansing lotion

replenish treatment toner

replenish exfoliating treatment

rejuvenate firming serum

rejuvenate serum

eye gel

1.CLEANSE

At the end of the day (mornings too if needed)

replenish cleansing lotion 100 ml for skin maintenance is formulated with natural plant extracts, vegetable oils and Vitamin B5 and is the perfect cleansing solution for normal to dry skin. NAT.replenish is versatile and when used daily your skin will feel soft and look radiant and glowing.

2.CORRECT AND BALANCE

Morning and night

replenish treatment toner 100ml for skin maintenance; contains Vitamin E which is a natural antioxidant and helps repair damaged tissue and aids in the regeneration of skin cells; conditions and prepares the skin to better absorb treatment products.

3.EXFOLIATE AND TREAT

Once or twice a week

replenish exfoliating treatment 100g for normal to dry skin; an exfoliating treatment that contains rice bran extract to soften and smooth the skin whilst Vitamin A and pro B5 improves skin elasticity helping to diminish fine lines and wrinkles. When used regularly your skin will look radiant and feel soft and supple.

4.REPAIR AND HYDRATE

Firming serum then finish with replenish moisture cream
Day cream (use serum under cream for very dry skin)

rejuvenate firming serum 15 ml natural firming serum to nourish and reduce wrinkles
Ideal for dehydrated to very dry skin. Promotes collagen production and antioxidant repair while maintaining cell integrity. Frankincense relaxes muscles reducing the appearance of fine lines and wrinkles whilst 100% Sandalwood Essences richly nourishes and rejuvenates working wonders on dry, sun damaged and ageing skin types.

5.NIGHT

Can be used alone or under replenish moisture cream

rejuvenate serum 15 ml natural serum to nourish and hydrate skin that is dehydrated to very dry. Rich in essential fatty acid (EFA) from evening primrose oil that exerts anti inflammatory and anti ageing properties. Vegetable oils boost the production of collagen and repair the top layer of skin whilst antioxidant properties maintain cell integrity for a more youthful appearance. Contains neroli essential oil to stimulate cellular activity and growth.

OPTIONAL

For fine lines and puffiness around the eyes
Press gently around the delicate skin

eye gel 15 ml for fine lines and puffiness around the eyes, ideal for all skin types; works effortlessly to soothe and calm puffiness and dark circles thanks to the addition of cucumber, chamomile, pansy and lime blossom extracts. Natural AHA's gently shed dead skin cells minimising the appearance of fine lines and wrinkles. Over time the delicate eye area appears brighter, more youthful and revived.

restore SENSITIVE AND FRAGILE SKIN

NAT.FACE restore contains a light weight formula of plant essences and herbal extracts of calendula, sweet woodruff and chamomile, olive and oat extracts that repairs damaged tissues and promotes the regeneration of skin cells.

NAT.FACE restore provides specific care and nourishment for skin which is sensitive and fragile. The gentle and soothing action of restore is noticeable after only a few days of usage on skin that is easily irritated. Regular use of restore will result to complexion that looks and feels calm, soft and smooth.



restore cleansing lotion

restore treatment toner

replenish exfoliating treatment

restore moisture cream

restore serum

eye gel

1.CLEANSE

At the end of the day (mornings too if needed)

restore cleansing lotion 100ml cleansing lotion for sensitive and fragile skin to improve skin tone and texture. Papaya fruit extracts gently work to improve skin tone and texture whilst olive and oat extracts provide soothing and anti inflammatory benefits.

2.CORRECT AND BALANCE

Morning & night

restore treatment toner 100ml treatment toner for sensitive and fragile skin; soothes, calms and repairs damaged skin tissue. Contains a light weight formula of plant essences and herbal extracts with key ingredients such as cucumber extract, rose hip oil, grape seed extract, rose extract that repair damaged tissues.

3.EXFOLIATE AND TREAT

Once or twice per week

replenish exfoliating treatment 100g for normal to dry skin; an exfoliating treatment that contains rice bran extract to soften and smooth the skin whilst Vitamin A and pro B5 improves skin elasticity helping to diminish fine lines and wrinkles. When used regularly your skin will look radiant and feel soft and supple.

4.REPAIR AND HYDRATE

Under make up

restore moisture cream 50g contains natural anti-oxidants to soften, hydrate and balance sensitive and fragile skin. Herbal extracts of calendula, sweet woodruff and chamomile dramatically reduce redness and inflammation associated with delicate, fragile skin. Potent anti-oxidants soften and balance the skin and help it to retain adequate levels of moisture.

5.NIGHT TIME NOURISHMENT

Can use alone or under restore moisture cream

restore serum 15ml natural serum containing rose pure essential oil for healthy cell renewal and nourishment of sensitive and fragile skin. Promotes healthy cell renewal and provides balancing, relaxing, and comforting benefits for a more refined skin. Vitamins work by boosting the production of collagen whilst antioxidant properties help maintain cell integrity for a healthy complexion.

OPTIONAL

For fine lines and puffiness around the eyes

Press gently around the delicate skin

eye gel 15 ml for fine lines and puffiness around the eyes, ideal for all skin types; works effortlessly to soothe and calm puffiness and dark circles thanks to the addition of cucumber, chamomile, pansy and lime blossom extracts. Natural AHA's gently shed dead skin cells minimising the appearance of fine lines and wrinkles. Over time the delicate eye area appears brighter, more youthful and revived.

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Natural skin & body essentials



NAT.BODY

The skin is the largest organ of the body. Protecting bio-functions that sustain life, it balances the body's inner and outer world. Skin on our body deserves as much nurturing and care as skin on our face. The **NAT.BODY** range is specially developed to care for the body with the same meticulous attention and discerning selection of pure and authentic botanical extracts, marine salts and minerals that soothe, hydrate and restores the skin's natural suppleness.

NAT.BODY



sea salt smoother

sea salt smoother 250g

NAT. sea salt smoother is rich in minerals and magnesium, marine salt crystals, soya oil, peppermint and sweet fennel essential oils for the most invigorating body treatment. Muscles are soothed and calmed, blood flow is increased allowing more oxygen to the cells and tissues. Skin is left soft and supple ready for the application of your preferred **NAT.BODY** – body lotion or body butter.

HANDS AND FEET

A complete natural care for hands, body and feet. The **NAT.BODY** range has been carefully designed to not only nourish the skin, but also to relax the body, which encourages cell re-generation.



sea salt smoother plus

body lotion

body butter

pure body rejuvenation

hand cream

body cuticle treatment serum

sea salt smoother plus 250g
 NAT. sea salt smoother plus has the added detoxifying and toning benefits of lemongrass, grapefruit, lime and peppermint essential oils. Tired muscles are relaxed, puffiness and fluid retention is reduced while soya and waxes moisturise for divine softness. Skin can now better absorb the nourishing ingredients of your preferred **NAT.BODY** - body lotion or body butter.

body lotion 250g
 NAT. body lotion is full of pure extracts from macadamia nut, almond and apricot oils known for their skin repairing properties. NAT. body lotion is also rich in Omega 7 (Palmitoleic Acid-) and Vitamin A to help moisturise and regenerate the skin helping to balance moisture levels. Skin is left feeling soft and supple.

body butter 250g
 NAT. body butter is a rich butter containing 31% oil extracted from cocoa butter, shea butter, macadamia nut oil plus a rich gum harvested from a North African tree. These ingredients provide the ultimate healing, repairing and nourishment care for skin in desperate need of rehydration and nourishment.

pure body rejuvenation 100 ml
 NAT. pure body rejuvenation is a truly unadulterated, rejuvenating body oil that contains Australian sandalwood and Vitamin E. It works wonders on dry and sun damaged skin. For best results apply after sea salt smoother.

hand cream 100ml nat. hand cream is a beautifully nourishing hand cream with a rich blend of nut oils, calendula and essential oils of lavender, ylang ylang and geranium. NAT. hand cream absorbs into the skin with no sticky residue.

cuticle treatment serum 15 ml
NAT.BODY cuticle treatment serum contains high levels of Vitamin A from carrot oil, known for its healing properties as well as other active ingredients of calendula oil to help treat skin inflammations and rapid cell repair, jojoba oil for its moisturising properties and lavender oil to soothe. NAT. cuticle treatment serum contains all these excellent natural moisturising ingredients to nourish and soften.

NAT.AROMA

NAT.AROMA

From the goodness of plants that heal, aromatherapeutic essential oils are the natural solutions to ambient air care. Air freshening shouldn't be just about removing unpleasant smells. Disinfecting the harmful microbes that linger in the air and altering moods to promote a general feeling of relaxation and well being are good reasons to use aromatherapy air fresheners. Aromatherapy successfully employs the powerful physical and emotional responses generated by our sense of smell in our search for good health and inner peace. This potent connection between nasal receptors and brain is the reason why aromatherapy works.



essential oils

Aromatherapy seeks to identify and direct the mood altering properties of smells and so enhance the body's ability to heal itself. Try our selected range of 100% pure essential oils and blends for your ambient air care and aromatherapy needs.

lavender (*lavandula angustifolia*)

The essential oil of relaxation.
aroma: light and floral.

lemon (*citrus limon*)

Extracted from the fruit rind.
aroma: sharp clean and refreshing.

peppermint (*mentha piperita*)

Peppermint is the essential oil of energy and focus.
aroma: Sharp clear menthol freshness.

eucalyptus (*eucalyptus globulus*)

Distilled from the twigs and leaves of the gum tree.
aroma: clear, sharp and piercing.

tea tree (*melaleuca alternifolia*)

An antiseptic essential oil.
aroma: fresh, almost pungent and camphorous.

signature blends

NAT.AROMA has taken the hard work out of blending your own essential oils and has a beautiful selection of pre blended oils that you use in your home, work place or any environment.

inner peace

Calming and comforting blend to relax and ease feeling of stress and tension.
ingredients: geranium, lavender, neroli, benzoin.

ambience

Harmonizing, settling and uplifting blend to use in the home or workplace.
ingredients: neroli, sweet orange, geranium, petitgrain.

free spirit

This special blend combines to create a free spirited sense of well being.
ingredients: ylang ylang, benzoin, orange, patchouli & lime.

sinus clear

Refreshing clearing blend to help treat the symptoms of hay fever, sinus, colds and flu.
ingredients: lemongrass, lime, grapefruit, and peppermint.

dream drops

A beautifully restful blend of essential oils designed to encourage a restful night sleep
ingredients: lavender, geranium, ylang ylang.

romance

Exotic blend of essential oils to calm ,relax and create a blissful atmosphere.
ingredients: ylang ylang, patchouli, benzoin and lime.

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Natalie Group Pty Ltd ABN 69 136 717 103

Made in Australia